Jane Widdrington book

A DEVOTION TO THE Sacred HEART OF OUR Saviour *Jesus Christ.*

Collected from the French.

Printed in the Year 1711.

1568/706

TO

My much Eſteem'd Friends

Mrs. *S——th.*

Jane AND *Widrington*

Mrs. *Margaret S—t.*

THE reſpect I have for you, makes me take the liberty of preſenting you here with a little Eſſay of *Devotion to the Sacred Heart of* JESUS CHRIST. You are, without doubt, already ſupply'd with many good Books of Devotion; yet ſuch a one, I preſume, you never ſaw before in our Language.

The very naming the *Heart* of Jeſus, is enough to inſpire all thoſe with Devotion to it, who are

really deſirous to poſſeſs *it* for ever. Ah! what has not the Love of Jeſus Chriſt compel'd him to do for us! He has lov'd us; we find it ſo; and He ſtill loves us with an Eternal Love. His *Heart* is the Seat of this endearing Love; and we can't well make that Return of Love He deſerves, and indeed requires, particularly in the *Bleſſed Sacrament*, without being truly devoted to this his *Heart*.

The two darling Virtues of the *Heart* of Jeſus, are, *Meekneſs* and *Humility*. A Sincere deſire of obtaining theſe Virtues, will beſt diſpoſe us for this *Devotion*; the principal Deſign of which is, effectually to *unite* our hearts to the *Heart* of JESUS CHRIST. O bleſſed *Union*! what can we deſire more, or what more do the Saints in Heaven enjoy!

I have, for ſeveral Years, had the pleaſure of being acquainted with

with you *Both*; and I have reaſon to believe, from the Obſervations I have made, that, ſetting aſide your other Virtues, God Almighty has ſtampt on your Hearts *Meekneſs* and *Humility* in a very particular manner. O how dear muſt ſuch Souls be to him! for this Reaſon Chiefly, I preſent you with this little Book.

You'll find the Eſtabliſhing this *Devotion*, has formerly been attempted here in *England*, and if perhaps then, *it* did not ſucceed ſo well as it were to be wiſh'd, yet I am in hopes it will fare better now. *It* has Authority and Practice enough both to skreen and recommend it.

I can't think our Neighbours abroad, are at all inferiour to us in the judgments they make, of what's proper for encouraging *Devotion* or a pious Life: wherefore I deſire you, (and all, who,

like you, endeavour by *Humility* to *unite* themſelves more and more to Jeſus Chriſt) carefully to make uſe of this *Devotion*; and, believe me, you ſhall find in a little time, the comfortable Effects of it.

I cou'd wiſh that *Families* wou'd ſettle it amongſt them; and one day in the week, either on *Thurſday* or *Friday* offer it up in lieu of, or in conjunction with their accuſtom'd Evening-Community Prayers.

I am

Your moſt Oblig'd and

Humble Servant

R. B.

A DEVOTION TO THE Sacred HEART OF JESUS CHRIST.

CHAP. I.

Concerning the Inſtitution of the ſaid Devotion.

THE Devotion to the Sacred *Heart* of Jeſus (the Feſtival whereof is Solemniz'd on *Friday*, next following the Octave day of the moſt bleſſed Sacrament, in the Churches of the *Religious* of the *Viſitation* of our

Bleſſed Lady) has been authoriz'd by our Holy Father Pope *Innocent* xii. firſt by a Bull of the 19th of *May*, in the year 1693, who grants a Plenary Indulgence to ſuch as ſhall viſit the Churches of the ſaid Religious on the ſaid Feſtival Day: and afterwards by divers other Bulls, granted to different Houſes of the ſaid *Order*, for erecting a Confraternity, and a perpetual Adoration.

It is to the Piety and Care of a great Cardinal of the Kingdom of *France* (the Cardinal de *Fourbin*) that we are oblig'd for this firſt Bull; which He obtain'd, in order to make publick the Devotion due to the *Heart* of *Jeſus*; and which, in the Succeſſion of a few years, has ſpred into many Religious Houſes of Divers Orders, and principally that of the *Viſitation*, with very great progreſs in the Perfection of Souls.

II.

Although this *Solemnity* may appear new; yet the *Devotion* is conſiderably ancient: it having been the practice of many eminent Saints, whoſe chief endeavours

deavors were to render their beſt homages to the *Heart* of Jeſus Chriſt. St. *Bernard* beheld *it* as a Temple; into which he enter'd to offer to God his Sacrifices: or as a Sanctuary, where he burn'd the Incenſe of his Love Truely, in the 3d Chapter of his Treatiſe on the Paſſion of our Saviour, he ſpeaks in ſo inflam'd a manner of the *Heart* of Jeſus, as makes it appear his own was conſum'd with the Love of him.

St. *Clare* aſſures us it was her Devotion, and that it fill'd her Soul with extraordinary Sweetneſs, eſpecially when ſhe was in the Preſence of the Holy Sacrament. St. *Katharine* of *Sienna* was all on fire with the Love of Jeſus, as often as ſhe thought of his moſt adorable *Heart*. Jeſus Chriſt appearing to St. *Mechilde*, promis'd to the Devotion, which he knew ſhe deſir'd to embrace for his Heart, the pardon of all the negligences ſhe might commit in his Service: from which time ſhe entertain'd ſo melting a Tenderneſs for the *Heart* of Jeſus, that on all occaſions ſhe could not forbear to ſpeak of it; and ſhe merited in return to receive from Jeſus Chriſt

himſelf this his divine *Heart* in pledge of his Love. St. *Elzear* writing to his chaſt Spouſe *Delphina*, who was in pain for him, returns her this anſwer. My Dear, *if you deſire to find me, ſeek me in the Heart of* Jeſus: *'Tis there I make my ordinary Aboad.*

Thoſe who have ſeen the Life of St. *Frances* of *Aſſiſium*; the little works of St. *Thomas* of *Aquine*; the works of St. *Tereſa*; the Lives of S. *Bonaventure*, S. *Ignatius*, St. *Francis Xavier*; St. *Philip Nereus*, St. *Frances de Sales*, the Bleſſed *Lewis de Gonzaga*, and of many others, muſt neceſſarily obſerve the tender Devotion theſe great Saints had to the *Heart* of Jeſus.

Lanſperg (ſo well known by his works full of unction and a Solid Piety) ſpeaks admirable things of this Devotion in the Book he wrote of divine Love and Evangelical Perfection. S. *Gertrude* never paſs'd a day without offering up, in honour of this divine *Heart*, a certain Prayer full of Love.

St. *Frances de Sales* made *there* his dwelling place (as it pleas'd God to reveal it to the Mother *Ann Margaret Clement*.

Clement, Superior of the Monaſtery of the *Viſitation* at *Melun*) and as *Moſes*, having convers'd with God, became afterwards the Meekeſt of men; ſo this great St. *Francis*, by means of the Familiarity which he contracted with the *Heart* of *Jeſus*, came to poſſeſs in perfection the two ſingular Virtues of the *Heart* of a Man-God, *viz.* his *Meekneſs* and *Humility*; which mov'd him to eſtabliſh the Order of the *Viſitation* on the Foundation of theſe two Virtues; that as there are *Orders* in the Church, which honour the Preachings of our Lord; others, his Faſts; ſome, his Solitude; and others his Poverty and contempt of the World: So *This* was to be erected for rendring a perpetual homage to his divine *Heart*: and the *Religious* of this *Order* were, by their Meekneſs and Humility, to make up the principal Character of this Inſtitute.

III.

Jeſus Chriſt, who has formerly inſpir'd only ſome particular Saints with this amible Attraction to his *Heart*, reſerv'd the manifeſtation of it to theſe latter

latter times (as he reveal'd to St *Gertrude*) to the end it might be a means to lift up the Faithful out of that extreme Tepidity into which thro' the frequent Communion of our days, he foresaw they would degenerate.

The Sister *Margaret Alacoke* (a *Religious* of the *Visitation* of our Lady in the Monastery of *Parai*, a Town of the *Challonois* in the Dutchy of *Burgundy*, and who died the 17 of *October* 1690 in the Odour of Sanctity, in the 42 Year of her Age) was the Person, whom the Saviour of the World chose to make known to the Faithful his Designs concerning the Devotion to his *Heart*. This Holy Soul (whom God had replenish'd with many Singular Graces, and who in an eminent manner corresponded with them) being one day within the Octave, before the most Blessed Sacrament, and more penetrated then ordinarily with God, she was press'd with a desire of making a Return of Love for Love; whereupon the Son of God told her, she could not testifie her Gratitude in a more acceptable manner, then in doing that, which

which he had ſo often requir'd; and than diſcloſing his *Heart* to her, he ſaid.

'See here the *Heart* which has ſo 'tenderly lov'd Mankind, and ſpar'd 'nothing, even to the waſting and 'conſuming it Self, in Teſtimony of 'its Love; and yet in return, I ge-'nerally meet with nothing but Ingra-'titude, Contempt, Sacrileges, Irre-'verences and Coldneſs even in the ve-'ry *Sacrament* of my Love: and Still 'what more Senſibly affects me, is, 'that all theſe Indignities are Sent 'back from thoſe Hearts, which are 'conſecrated to me: wherefore I de-'mand of you to procure my Glory: 'that the *firſt Fryday* following the 'Octave of the holy Sacrament, be 'appointed a particular and Solemn 'Feſtival; on which, by ſome agree-'able Return, my *Heart* may be ho-'nour'd, to repair the Indignities of-'fer'd, whilſt *It* has been ſo often ex-'pos'd on the Altars in the holy Sa-'crament; and I promiſe you *it* ſhall 'abundantly, dilate its *Love* on all 'Thoſe, who render *it* this honour.

This

This pious Soul, being all in confuſion, would fain excuſe herſelf herein, on account of her unworthineſs: but the Son of God encourag'd her; telling her, that in his great Works he made choice of the moſt feeble Inſtruments; thereby to convince mankind, that They ought not to aſcribe any thing to Themſelves. At the ſame time, ſhe was inſpir'd to communicate this Affair to the Reverend Father *Claudi Colombiere*, of the *Society of* Jeſus, who died on the 15 of February, in the year 1682; and whoſe eminent Sanctity and excellent Writings Still preſerve him freſh in the memory of the Faithful.

IV.

This holyMan (not at all too credulous, but full of the Spirit of God, and therefore made choice of by our Lord for this amiable deſign) no ſooner had receiv'd from the ſaid Religious Woman, an account of what paſs'd between *Jeſus Chriſt* and her; but reflecting on one hand on the elevated Virtue of this *Religious*; and on the other, conſidering the Excellence of a

De-

Devotion, ſo proper for enkindling the fire of Divine Love; after having oblig'd her to give under her hand, all ſhe had communicated to him on that Subject; He then proceeded to a Judgment, that all this muſt abſolutely be from God: whereupon He began to ſettle this Devotion in Himſelf, entirely conſecrating Himſelf to the *Heart* of *Jeſus*; as is apparent from the Journal he made of the *Lights* which He receiv'd in a Thirty Days Retreat.

The Graces, which abundantly Sweeten'd his Soul in the Practice of this Devotion; and the new engagements the ſaid holy *Religious* Women had from our Beſſed Saviour for advancing this Work; effectually convinc'd him of the will of God in this Deſign: He apply'd his utmoſt endeavors towards the eſtabliſhing and propagating this Devotion in *France*, and alſo in *England*, during the time he continued there, in quality of Preacher to the *Dutcheſs* of *York*, now *Queen* Dowager of *England*.

In

In a little time, this Devotion began to ſpread in ſpight of the Criticiſms of many, who beſpatter'd it with the dirt of an imaginary and unprofitable piece of Piety; tho' the Solid Virtue of Thoſe, who practis'd it; and the Sweetneſs, They all experienc'd in it, whoſe hearts were equally fill'd with the Love of God, as their Underſtandings were with the divine Light; left us no room to doubt but this Devotion was inſpir'd by Heaven.

In leſs then a Year, *France* beheld a happy eſtabliſhment of it: the wiſeſt Directors, Doctors, and Prelates publiſh'd their Encomiums of it: the Preachers recommended it with Succeſs: Chappels have been erected, Pictures drawn, cut and engraven, and Alters conſecrated to this *Sacred Heart*. This Devotion has ſpread into *Poland*: it has paſs'd the Seas, and fix'd it ſelf at *Kebec* and at *Malta*: it has reach'd *China* and the *Indies*. In a word, the almoſt univerſal approbation this Devotion has obtain'd; the eſteem, which Perſons of diſtinguiſh'd merit, and known Virtue have entertain'd

tain'd of it, makes us hope, that henceforth *Jeſus Chriſt* will thereby be leſs forgot, better Serv'd, and much more Lov'd.

V.

The principal *motive* of this *Devotion* is, to acknowledge by profound Adorations, Thankſgivings and Returns of Love, the admirable diſpoſitions of the *Sacred Heart* of *Jeſus*; and all thoſe Sentiments of Love and Tenderneſs, which He actually bears us in the holy *Sacrament* of the Altar; were, notwithſtanding, he is ſtill ſo little known, and ſo little lov'd by Thoſe who know him.

The *End* propos'd, is, a Reparation of the outrages, which the *Love* of *Jeſus* expos'd him to, during the Courſe of his mortal Life on Earth; and whereto the ſame Love expoſes him ſtill every day in the moſt holy *Sacrament* of the Altar.

The *Object*, is the Sacred *Heart* of *Jeſus* all inflam'd with the *Love* of us. The tendereſt Sentiments of the Soul always reſide in the Heart. If the moſt pretious *Blood* of *Jeſus Chriſt*

Chriſt be juſtly adored with So much veneration: if the Devotion to his Bleſſed *wounds* be So deſervedly recommended; why ſhoul'd we not in like manner honour and adore his moſt *Sacred Heart*.

The *Fruit*, which ought to be drawn from this Devotion, is, a moſt ardent *Love* for the Perſon of Jeſus Chriſt.

Live Jeſus Amen.

Chap. II.

Advices for rend'ring this Devotion Profitable.

IN order to this, four things are neceſſary.

1. We ought to conceive a great *horror* of Sin. The *Heart* of Jeſus being the Source of all Sanctity, all who apply to it, muſt approach with Hearts truely pure.

2. We ought to nouriſh a very lively *Faith*, ſeeing a languiſhing one can never produce an inflam'd Love.

3.

3. We ought to entertain a ſtrong *deſire* of Loving Jeſus Chriſt: He beſtows not the perfect Love of himſelf but on Thoſe, who paſſionately deſire it.

4. We ought to procure a great interior *Recollection.* A Heart open on all ſides, and expos'd to a thouſand Impertinences, can never receive nor preſerve the Balm of the Love of Jeſus, who is only pleas'd with ſolitary Hearts.

Obſtacles to the Devotion of the Heart of Jeſus.

Theſe are four. 1. *Slothfulneſs*; which according to the Scripture, lies heavy upon the *Heart* of Jeſus Chriſt, and provokes him to *caſt up* all tepid Souls.

2. *Self-love*: this is a capital Enemy to the pure Love of Jeſus.

3. *Secret Pride*: it being an oppoſite to Humility, which is the rich Vertue of the *Heart* of Jeſus.

4. *Unmortify'd Paſſions*: theſe ſtifle the Love of Jeſus, and baniſh all its charming Sweetneſs and Peace.

Means

Means of acquiring the Love of Jeſus Chriſt.

The *Love* of Jeſus Chriſt, is the whole deſir'd Fruit of the Devotion to his *Heart*. For obtaining this ſaid Love, the following method muſt be taken.

1. We muſt often petition for it, and that with a great deal of fervor: becauſe it is the Gift of God.

2. We muſt frequently communicate. The Holy Ghoſt aſſures us, it is impoſſible for us to carry Fire in our Boſome and not burn.

3. We muſt diligently viſit, when we can, the moſt holy *Sacrament*; it being the Sacrament of the Heart of *Jeſus*. Love is preſerv'd and entertain'd by Viſits.

4. We muſt perſever with Fidelity in the Devotion to the *Heart* of Jeſus, and obſerve the practices here Set down. He has promis'd his Love to Thoſe, who are truely devoted to his *Heart*.

Excel-

Excellencies of the Heart of Jeſus to be adored.

1. Its hypoſtatical Union to the Perſon of the *Word*; which renders *it* all Powerful, and Infinite in all Perfections.

2. It is the Treaſure and Delight of the Eternal Father.

3. It poſſeſſes the Fullneſs of the Holy Ghoſt; of whom it is a moſt perfect Temple.

4 It was the infinite *Love*, which this *Heart* conceiv'd for us, that wrought our Redemption: And it is the Soveraign Judge, which will one day entertain that Juſt wrath, which will render it inexorable in regard to the Reprobate.

5. It is the Center, in which, by which, and with which only Hearts can become perfect; and without which, on the contrary, all is imperfect, nothing, and unworthy of God.

6. It is the only model of the Predeſtinate: the way, the Truth, the Life: the beginning, *the end*, and the perfection of all Good. *Diſ-*

Diſpotions of the Heart of Jeſus to be admir'd.

1. The homage of Sovereign Adoration, of Love and Praiſe, which it offers to God the Father in an infinite manner, and worthy of God.

2. Its motions, tenderneſs, deſires; its Affections and its Zeal for the Love of God for whoſe Glory it moſt ardently deſires; to annihilate it Self.

3. Its filial Love for its moſt Bleſſed mother.

4. Its Love for all its Elect and Saints; and its watchfulneſs over the Church its Spouſe.

5. Its immence Charity and Compaſſion for Sinners.

6. The infinite Hatred it bears to Sin; for the deſtruction whereof, it pour'd *out its* Blood in its Paſſion, and at its Death.

Virtues of the Heart of Jeſus to be imitated.

Firſt, its profound Humility, *Secondly*, its wonderful Meekneſs, even in

in regard to its Enemies. *Thirdly*, its perfect Obedience. *Fourthly*, its Simplicity. *Fifthly*, its Purity. *Sixthly*, Its Patience. *Seventhly*, its Poverty. *Eigthly*, its Love of Contempt *and* Suffering. *Ninthly*, its burning Charity.

Fruits, which the Heart of Jesus produces in Souls devoted to it

1. *Charity*; which inspires its faithfull Children with that Sacred Tenderness They ought to have for their heavenly Father; and which deeply engraves in their Hearts the Command of Fraternal Love.

2. *Peace*; which fills them with Joy, and makes them quietly wait the change of this afflicting and dangerous Life, into a Life immortal and repleniſh'd with delights.

3. *Union*; which causing them to have but one Heart and Soul, makes *them* worthy members of its mystic Body.

CHAP.

Chap. III.

Different Acts in order to elevate our Selves to the Heart of Jesus.

Lord Jesus, let me know my self, and know Thee.

Let me desire nothing but Thee.

Let me hate my Self and love Thee.

Let what I do, be done for Thee.

Let me humble my Self, and exalt Thee.

Let me think of nothing but Thee.

Let me mortifie my Self, and live in Thee.

Let me take every thing, as coming from Thee.

Let me persecute my Self, and follow Thee.

Let me always wish to follow Thee.

Let me fly my Self, and fly to Thee.

Let me be found worthy to be protected by Thee.

Let me be afraid of my Self, and fear Thee.

Let me be of the number of Those elected by Thee.

Let

Let me deſide in my Self, and Truſt in Thee.

Let me be willing to obey for Thee.

Let me be affected with nothing but Thee.

Behold me, that I may Love Thee.

Call me, that I may See Thee.

And that for ever I may enjoy Thee.

Amen.

An Act of Adoration.

Jeſus Chriſt, my Lord and my God, whom I believe to be truly and really preſent in the moſt holy *Sacrament* of the Altar, receive this Act of profound Adoration, to ſupply, the Deſire I ought to have of adoring Thee therein without interniſſion; and in Thankſgiving for thoſe Sentiments of Love, which thy Sacred *Heart* entertains there for me. I offer to Thee all the Acts of Adoration, Reſignation, Patience and Love, which thy Sacred *Heart* offer'd here on Earth, and what it ſtill does, and will eternally ſo do in Heaven; that I may adore, love and praiſe Thee by that very *Heart*,

as much as poſſibly I can, and as long as I live: Ah! open then to me this Sacred *Heart*; *it* ſhall for the future be my place of Refuge and Reſt. *Amen.*

An Act of Love.

Give me leave, O divine and adorable *Heart* of *Jeſus* my Saviour, to addreſs my Self to thee, O Abyſs of Love and Mercy! and tho' Seiz'd with aſtoniſhment at the ſight of thy Mercies and my Ingratitude; yet let me ask, why thy Love, not content to expoſe Thee, as it has done, to a moſt cruel Paſſion and Death, ſtill, and even every day expoſes Thee to ſo many Ignominies in thy holy *Sacrament*. Alaſs! How often art Thou there contemn'd, inſulted, trampled upon, and neglected even by thoſe, who ought to love Thee with thee deepeſt affections of Love! and can I behold my Self of the number of theſe miſerable ungrateful ones, without dying with Grief and Confuſion?

Ah!

Ah! my God, pierce my heart with the dart of thy Love, and put an end to all my Ingratitude. Think how thy adorable *Heart* has born the weight of my Sins in the Garden of *Olives*, and on the Croſs: think how *it* was afflicted there, and how *it* Sigh'd at the proſpect of my Miſery. Permit not thy Sadneſs, Dolors, Blood, Tears and Sweats to prove fruitleſs to me.

O my divine Saviour, now effectually touch my heart: how unworthy ſoever I have been of thy Love, yet Thou haſt not forborne to love me: Thou haſt lov'd me, even when I lov'd Thee not; yes, then, when I had no mind that thou ſhould'ſt love me: but now I deſire it, grant my Requeſt; I do give Thee my heart, place me in Thine; let this moment be that of my Converſion; let me now begin to love Thee inceſſantly; let me, in quality of a perpetual Bondſman, be entirely conſecrated to thy Love; let me die to my Self, that I may only live and move for Thee. *Amen.*

as much as possibly I can, and as long as I live: Ah! open then to me this Sacred *Heart*; *it* shall for the future be my place of Refuge and Rest. *Amen.*

An Act of Love.

Give me leave, O divine and adorable *Heart* of *Jesus* my Saviour, to address my Self to thee, O Abyss of Love and Mercy! and tho' Seiz'd with astonishment at the sight of thy Mercies and my Ingratitude; yet let me ask, why thy Love, not content to expose Thee, as it has done, to a most cruel Passion and Death, still, and even every day exposes Thee to so many Ignominies in thy holy *Sacrament*. Alass! How often art Thou there contemn'd, insulted, trampled upon, and neglected even by those, who ought to love Thee with thee deepest affections of Love! and can I behold my Self of the number of these miserable ungrateful ones, without dying with Grief and Confusion?

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An Act of Conſecration.

O Adorable *Heart* of my amiable *Jeſus*, Seat of all the Virtues, unexhauſted Spring of all Grace, what could'ſt Thou find in me capable of gaining Thee, even to the point of loving me with ſuch exceſs, whilſt being polluted with a thouſand Sins, my *Heart* was harden'd againſt Thee, and full of cold Indifferency. The bright Teſtimonies of thy tender Love for me, even then, when I lov'd Thee not, make me hope the marks are agreeable to Thee, by which I would now teſtify my Love.

Accept then, O dear adorable Saviour, the Deſire I have of entirely conſecrating my Self to the Honour and Glory of thy Sacred *Heart*: accept the donation I make of all I am: my Perſon, Life, Actions, Labours, Sufferings I conſecrate to Thee; willing henceforth only to be a Victim dedicated to thy Glory, now incompaſs'd, and one day all conſum'd in the Sacred Flames of thy Love.

Behold

Behold me here, O Lord, zealous for thy *Heart* in giving Thee my own: 'tis true I give but little, yet it is *all* I can give, and 'tis all Thou desirest: I give it therefore, never to resume it more. O amiable Saviour, teach me perfectly to forget my Self, that thereby I may find a free entrance into thy *Heart*; instruct me in what I ought to do to attain to the purity of thy Love; grant me, I beseech Thee, this pure, this inflam'd, this generous Love. *Amen.*

An Act of Contrition.

O my Saviour and my God, whose *Heart* wounded with Love and Sorrow, has conceiv'd such Regret for all the Sins of the World, how far am I from being Sensible of the like Sorrow, which even my own Sins have caus'd in Thee. Supply, I beseech Thee, by Contrition, what I want of thy Grief: imprint in my heart a horror and fear of the least offences: convert and reform this wretched heart of mine according to the model of *thine*

infinitely Pure, ſovereignly Holy, and always inflam'd with the Love of thy heavenly Father. I proteſt I deſire for the future to love nothing but what thine lov'd, and to abandon whatſoever may in the leaſt diſpleaſe it. *Amen.*

THE Little OFFICE TO THE Sacred HEART OF OUR Saviour *Jeſus Chriſt.*

At Mattins.

Verſ. O *Heart* of *Jeſus*, burning with Love of me; inflame my heart with the Love of Thee.

Reſp. Amen. *Verſ.*

Verſ. Lord open my Lips.

Reſp. And my mouth ſhall declare thy Praiſe.

Verſ. O God, incline to my Aid.

Reſp. O Lord, make haſt to help me.

Verſ. Glory be to the Father, and to the Son, and to the Holy Ghoſt.

Reſp. As it was in the Beginning, is now, and ever ſhall be, World without end. Amen. *Alleluja.*

From *Septuageſſima* to *Eaſter*, inſtead of *Alleluja*, Say, *Praiſe be to Thee, O Lord, King of Eternal Glory.*

Hymn.

O Heaven's glorious King,
Who doſt thy Starry Throne,
And its triumphant Bliſs poſtpone,
To be our Offering.

Jeſus our hearts Delight,
This Faithful Flock inſpire,
Of thy great *Heart* to Sing the Fire,
And Love with Praiſe requite.

Thy Fathers only one,
Chaſt Spouſe of Lovers pure,
Who canſt no Rival-Love endure,
Poſſeſs our hearts alone. *Amen.*

Anthem.

Anthem.

O Sacred *Heart* of *Jeſus*, who didſt always live in perfect *Submiſſion* to the *will* of thy Father; turn our hearts to Thee, that we may ever do what is moſt pleaſing to it.

Verſ. O God of my heart, my heart is ready to do thy will.

Reſp. My God, I deſire it, and to carry thy Law in the midſt of my heart.

Let us Pray.

Look, we beſeech Thee, O God of Mercy, on the *Heart* of thy moſt beloved Son, in whom Thou haſt been well pleas'd: behold the bitter Afflictions he has endur'd for us, and the worthy Satisfactions he has made to Thee in our behalf; that, thus being appeas'd, we may obtain of Thee Pardon for our Sins, ſeeing we ask it with contrite Hearts. Enkindle in our hearts ſo ardent a Love of Chriſt, that, being all inflam'd with the

Affections

Affections of his divine *Heart*, we may alſo merit to be found according to thy *Heart* : Thro' the ſame *Jeſus Chriſt*, our Lord. *Amen.*

At Prime.

Verſ. O *Heart* of *Jeſus*, burning with Love of me ; inflame my heart with the Love of Thee.

Reſp. Amen.

Verſ. O God, incline to my Aid.

Reſp. O Lord, make haſt to help me.

Verſ. Glory be to the Father, and to the Son, and to the Holy Ghoſt.

Reſp. As it was in the beginning, is now, and ever ſhall be World without end. Amen. *Alleluja.*

Hymn.

O *Heart* ! Love's Victim Slain !
O Heaven's laſting Joy !
To whom diſtreſſed Mortals fly,
Nor fly for help in vain.

Darling oth' Trinity
The Holy Ghoſt is eas'd
In Thee, th' Almighty Fathers pleas'd,
His Son has wedded Thee. Thy

Thy Fathers only one,
Chaſt Spouſe of Lovers pure,
Who can'ſt no Rival-Love endure
Poſſeſs our hearts alone. *Amen.*

Anthem.

O Sacred *Heart* of *Jeſus*, which ſo *thirſted* after our Salvation, bring us Sinners, by an humble and contrite heart, to a ſenſe of our ſelves, that we die not in our Sins.

Verſ. O God of my heart, my heart is ready to do thy will.

Reſp. My God, I deſire it, and to carry thy Law in the midſt of my heart.

The Prayer, as above.

[*At Tierce.*

Verſ. O *Heart* of *Jeſus*, burning with Love of me; inflame my heart with the Love of Thee.

Reſp. Amen.

Verſ. O God, incline to my Aid.

Reſp. O Lord make haſt to help me.

Verſ. Glory be to the Father, and to the Son, and to the Holy Ghoſt.

Reſp.

Reſp. As it was in the beginning, is now, and ever ſhall be, World without end *Amen. Alleluja.*

Hymn.

Choice Cabinet of our Lord,
No Rays of Light ſo clean,
No Heaven ſo worthy to contain
The Treaſure of his Word.
Form'd of pure Virgin's blood.
Pregnant with Love divine,
Thou Heaven's Pallace doſt outſhine,
A Manſion fit for God.
Thy Father's only one,
Chaſt Spouſe of Lovers pure,
Who can'ſt no Rival-Love endure,
Poſſeſs our hearts alone. *Amen.*

Anthem.

O Sacred *Heart* of *Jeſus*, the moſt perfect Pattern of *Purity*; make us clean of heart, that we may merit to be according to thy *Heart.*

Verſ. O God of my heart, my heart is ready to do thy Will.

Reſp.

Resp. My God, I desire it, and to carry thy Law in the midst of my heart.

The Prayer, as above.

At Sexte.

Vers. O Heart of *Jesus*, burning with Love of me; inflame my heart with the Love of Thee.

Resp. Amen.

Vers. O God, incline to my Aid.

Resp. O Lord, make haste to help me.

Vers. Glory be to the Father, and to the Son, and to the Holy Ghost.

Resp. As it was in the beginning, is now, and ever shall be, World without end. *Amen. Alleluja.*

Hymn.

O, may we ne'er provoke
This meek, this tender *Heart*;
Where Love, for us, has fix'd his dart,
And struck the killing Stroke.

When

When Sin for vengeance calls,
This *Heart*, with powerful charm
Glancing, witholds the Almighty's arm,
And Strait his anger falls.
Thy Father's only one,
Chaſt Spouſe of Lovers pure,
Who can'ſt no Rival-Love endure,
Poſſeſs our hearts alone. *Amen.*

Anthem.

O Sacred *Heart* of *Jeſus*, full of *Meekneſs* towards thy Enemies, let thy Peace triumph in our hearts, that, from the bottom of them, we may pardon all Thoſe, who do, or ſhall perſecute and calumniate us.

Verſ. O God of my heart, my heart is ready to do thy will.

Reſp. My God, I deſire it, and to carry thy Law in the midſt of my heart.

The Prayer, as above.

At None.

Verſ. O *Heart* of *Jeſus*, burning with Love of me; inflame my heart with the Love of Thee.

Reſp. Amen.

Verſ.

Verſ. O God, incline to my Aid.

Reſp. O Lord make haſt to help me.

Verſ. Glory be to the Father, and to the Son, and to the Holy Ghoſt.

Reſp. As it was in the beginning, is now, and ever ſhall be, world without end. *Amen. Alleluja.*

Hymn.

Love did this Refuge win,
Love lanc'd our Saviours ſide,
Bold Love diſplay'd the Paſſage wide,
And bid us welcome in.

Whence Blood, to waſh our ſtain,
Guſh'd out on every part,
O! take, and keep us in this *Heart*,
For fear we ſin again.

Thy Fathers only one,
Chaſt Spouſe of Lovers pure,
Who can'ſt no Rival Love endure,
Poſſeſs our hearts alone. *Amen.*

Anthem.

O Sacred *Heart* of *Jeſus*, moſt *patient* in all thy Sufferings; grant us, in all circumſtances of Life, a conſtant Re-

Reſignation to thy moſt bleſſed *Will*: let thy will be done in us, and by us, both now and for Eternity.

Verſ. O God of my heart, my heart is ready to do thy will.

Reſp. My God, I deſire it, and to carry thy Law in the midſt of my heart.

The Prayer, as above.

At Veſpers.

Verſ. O *Heart* of *Jeſus*, burning with Love of me; inflame my heart with the Love of Thee.

Reſp. Amen.

Verſ. O God, incline to my Aid.

Reſp. O Lord, make haſt to help me.

Verſ. Glory be to the Father, and to the Son, and to the Holy Ghoſt.

Reſp. As it was in the beginning, is now, and ever ſhall be, World without end. *Amen. Alleluja.*

Hymn.

O Wond'rous Power of Love!
God gives himſelf to eat;
His Blood is drink, his Fleſh is meat;
And He, who reigns above.

Dread

Dread Sov'raign of the skies,
Regals his mortal Gueſt,
Himſelf the Donor and the Feaſt;
Tho' hid from mortal Eyes.
Thy Father's only one,
Chaſt Spouſe of Lovers pure,
Who can'ſt no Rival Love endure,
Poſſeſs our hearts alone. *Amen.*

Anthem.

O Sacred *Heart* of *Jeſus*, moſt ardently in love with *Poverty*; put thy ſelf as a ſeal on my heart, that ſequeſter'd from the trifles of this Earth, may be entirely united to Thee, my only Treaſure.

Verſ. O God of my heart, my heart is ready to do thy will.

Reſp. My God, I deſire it, and to carry thy Law in the midſt of my heart.

The Prayer, as above.

At Compline.

Verſ. O *Heart* of *Jeſus*, burning with Love of me; inflame my heart with the Love of Thee.

Reſp. Amen.

Verſ.

Verſ. Convert us, O God our Salvation.

Reſp. And turn away thy Anger from us.

Verſ. O God, incline to my Aid.

Reſp. O Lord, make haſt to help me.

Verſ. Glory be to the Father, and to the Son, and to the Holy Ghoſt.

Reſp. As it was in the beginning, is now, and ever ſhall be, World without end. *Amen. Alleluja.*

Hymn.

The Mother to her Son
Inclines with chaſt deſire,
And fans with conſtant ſighs the fire,
Which makes the *couple* one.
When mutually They burn,
Two Hearts are but the ſame;
Both with each others Fire do flame,
Both equal Flames return.
Thy Father's only one,
Chaſt Spouſe of Lovers pure,
Who can'ſt no Rival Love endure,
Poſſeſs our hearts alone. *Amen.*

Anthem

Anthem.

O Sacred *Heart* of *Jeſus*, a moſt liberal *Rewarder* to all, that *love* Thee; let our hearts and ſubſtance be wholy conſum'd in Thee: Be Thou the God of our Hearts, and our Portion for ever.

Verſ. O God of my heart, my heart is ready to do thy will.

Reſp. My God, I deſire it, and to carry thy Law in the midſt of my heart.

Let us Pray.

Look we beſeech Thee, O God of mercy, on the *Heart* of thy moſt beloved Son, in whom Thou haſt been well pleas'd: behold the bitter Afflictions He has endur'd for us, and the worthy Satisfactions He has made to Thee in our behalf; that, thus being appeas'd, we may obtain of Thee Pardon for our Sins, ſeeing we ask it with contrite Hearts. Enkindle in our hearts ſo ardent a Love of Chriſt, that, being all inflam'd with the Affections of his divine *Heart*, we may alſo merit to be found

found according to thy *Heart*: Thro' the ſame *Jeſus Chriſt*, our Lord. *Amen.*

A LITANY TO THE Heart of JESUS.

LOrd, *have mercy on us.*
Chriſt, *have mercy on us.*
Lord *have mercy on us.*
Chriſt *hear us.*
Chriſt *graciouſly hear us.*
God the Father of Heaven, *have mercy on us.*
God the Son, Redeemer of the World, *have mercy on us.*
God the Holy Ghoſt, *have mercy on us.*
Holy Trinity one God, *have mercy on us.*

Heart of *Jesus*,
Heart of *Jesus*, form'd in the Womb of his, blessed Mother,
Heart of *Jesus*, hypostatically united to the Son of God,
Heart of *Jesus*, the Sanctuary of the Divinity,
Heart of *Jesus*, the Tabernacle of the most holy Trinity,
Heart of *Jesus*, the Temple of all Sanctity
Heart of *Jesus*, Fountain of all Graces,
Heart of *Jesus*, most Meek,
Heart of *Jesus*, most Humble,
Heart of *Jesus*, most Obedient,
Heart of *Jesus*, most Chaste,
Heart of *Jesus*, Furnance of Love,
Heart of *Jesus*, Source of Contrition,
Heart of *Jesus*, Treasure of wisdome,
Heart of *Jesus*, Ocean of Bounty,
Heart of *Jesus*, Throne of mercy,
Heart of *Jesus*, Abyss of all Virtues,
Heart of *Jesus*, Sorrowful in the Garden,
Heart of *Jesus*, Spent with a bloody Sweat,

Have mercy on us.

Heart

Heart of *Jesus*, glutted with Reproaches,
Heart of *Jesus*, consum'd for our Sins,
Heart of *Jesus*, made Obedient even to the Death of the Cross,
Heart of *Jesus*, pierc'd thorow with a Lance,
Heart of *Jesus*, drain'd of blood on the Cross,
Heart of *Jesus*, the Refuge of Sinners,
Heart of *Jesus*, the Fortitude of the Just,
Heart of *Jesus*, the Comfort of the Afflicted,
Heart of *Jesus*, the main Strength of the Tempted,
Heart of *Jesus*, the Terror of Devils,
Heart of *Jesus*, the Sanctification of hearts,
Heart of *Jesus*, the Perseverance of the Good,
Heart of *Jesus*, the Hope of the Dying,
Heart of *Jesus*, the Joy of the Blessed,

Have mercy on us.

Lamb of God, who takeſt away the Sins of the World, *Spare us, O Jeſus,*
Lamb of God, who takeſt away the Sins of the World. *Hear us, O Jeſus,*
Lamb of God, who takeſt away the Sins of the World. *Have mercy on us, O Jeſus.*

Verſ. O moſt Sacred *Heart* of *Jeſus, have mercy upon us.*

Reſp. That we may worthily love Thee with our whole hearts.

Let us Pray.

O God, who, out of an immenſe Love, haſt given to thy Faithful the moſt Sacred *Heart* of thy Son, our Lord, to be the Object of their tendereſt Affections: Grant, we beſeech Thee, that we ſo love and honour *it* on Earth, as by *it*, and with *it*, we may merit to love both *Thee* and *Him*, and and be eternally lov'd by *Thee* and *Him* in Heaven: Through the ſame *Jeſus Chriſt* our Lord, thy Son, who lives and reigns with Thee, in the Unity of the Holy Ghoſt, one God, World without end. *Amen.*

A

HYMN

TO

The Sacred HEART of *Jeſus* in the Holy *Sacrament.*

Proper to be ſaid at any time.

I

JEſus, who doſt thy glorious Fleſh conceal
Under the Sacred Hoſt's myſterious Vail,
Declare thy loving Hearts ſtupendious [Flame.
And furniſh Praiſes worthy ſuch a Theme,

II.

II.

O *Heart*! O Love's Burnt-offering per-[fum'd
With heavenly Sweets, with fire divine
consum'd;
In Thee poor Mortals do securely rest.
Angels rejoyce, the Trinity is blest.

III.

Unspotted in thy Birth! of heavenly Race,
In purest Virgin's womb produc'd by grace,
Assum'd in Union Personal with God,
His worthy Temple, his belov'd Abode.

IV.

Remember Ah! remember deareſt Lord,
That force of Love, which drew th' eter-
nal word [save,
From Heaven; and me, unworthy me to
O Son of God! Thee to a Virgin gave.

V.

What Raptures must from such Caresses [flow!
Jesus on *Mary* do's his *Heart* bestow,
Mary to *Jesus* do's her *Heart* return,
Mother and Son with mutual Fires do burn,

VI.

VI.

Let all that Love, let all that hope, reſound,
Of this Great *Heart* ſuch Myſteries profound,
And raiſe their Voice to Heaven, while Proſtrate on the ground

VII.

O amorous *Heart*! *Gethſemany* can tell
Thy Pangs and Throbs, when Chriſt in Prayer fell,
And, agonizing in his Sacred Gore,
Bewaild our Sins with drops from every Pore.

VIII.

Thro' *Thee*, the Soldiers Spear a paſſage found,
And lay'd it open with a Spacious wound,
That when we have ſin'd, and threatning Juſtice fear,
We might be ſure of room for mercy *here*.

IX.

Hail King of Martyrs, dolorous Victim hail!
Center oth' Croſs! O may the Croſs prevail

O'er fading Beauty, Greatneſs, and Renown,
And be our Love, our Glory, Joy and Crown.

X.

All Nations of the Earth, who diſtant lye,
To Jeſus's *Heart* with wings of Lovers fly:
Fly boldly, let no ponderous Guilt excuſe,
This Fire of Love no fuel do's refuge.

XI.

See how it ſpreads! how well it ſuits [the name
Of glowing Furnace, of devouring Flame!
Ah! let me waſt with languiſhing deſire
Of this dear *Heart*, and in its flames expire.

XII.

Loadſtone of Lovers, *Jeſus*! Touch our Souls
With power attractive, which no weight controles:
Furnace of Charity! Our Love refine
From Earthly droſs, and make our hearts like *thine*,
All pure, all burning with a Flame Divine. *Amen.*

THE

The PRAYER of St. *Gertrude.*

I Salute Thee, O *Heart* of *Jesus*, living and quickening Source, infinite Treasure of the Divinity, never fading Flower of the precious Humanity: Thou art my Soveraign, and only Salvation. O thrice amible *Heart* of *Jesus*, pour forth and nourish in the Center of my Soul, the Effect of thy divine *Charity*, which so ardently glow'd in thy most Sacred Breast: Let it penetrate my whole Substance, and diffuse into all the Movements, Forces and Sentiments of my Soul and Body, for thy Honour and eternal Glory. *Amen.*

O'er fading Beauty, Greatneſs, and Renown,
And be our Love, our Glory, Joy and Crown.

X.

All Nations of the Earth, who diſtant lye,
To Jeſus's *Heart* with wings of Lovers fly:
Fly boldly, let no ponderous Guilt excuſe,
This Fire of Love no fuel do's refuge.

XI.

See how it ſpreads! how well it ſuits [the name
Of glowing Furnace, of devouring Flame!
Ah! let me waſt with languiſhing deſire
Of this dear *Heart*, and in its flames expire.

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Loadſtone of Lovers, *Jeſus*! Touch our Souls
With power attractive, which no weight controles:
Furnace of Charity! Our Love refine
From Earthly droſs, and make our hearts like *thine*,
All pure, all burning with a Flame Divine. *Amen.*

THE

The PRAYER of St. *Gertrude.*

I Salute Thee, O *Heart* of *Jeſus*, living and quickening Source, infinite Treaſure of the Divinity, never fading Flower of the precious Humanity: Thou art my Soveraign, and only Salvation. O thrice amible *Heart* of *Jeſus*, pour forth and nouriſh in the Center of my Soul, the Effect of thy divine *Charity*, which ſo ardently glow'd in thy moſt Sacred Breaſt: Let it penetrate my whole Subſtance, and diffuſe into all the Movements, Forces and Sentiments of my Soul and Body, for thy Honour and eternal Glory. *Amen.*

An Offering of the HEART *of* JESUS *to the Eternal Father.*

O Eternal Father, let me offer the Sacred *Heart* of thy well-beloved Son *Jesus Christ*, even as He offer'd himself a Sacrifice to Thee: Accept, in my behalf, all the Desires, Sentiments, Affections, motions, and all the Actions of this Sacred *Heart*: They are all mine, because *it* was immolated for me; they are mine, because, for the future, I am resolv'd to possess nothing, but what is peculiar to this dear *Heart*. Receive them therefore in Satisfaction for all my Sins, and in Thanksgiving for all thy Benefits: Receive them, that, by their merit, I may obtain all necessary Grace, and particularly the Gift of final Perseverence: Receive them as so many Acts of Love, Adoration, and Praise, which I now offer to thy divine Majesty: it is by this *Heart* alone, that Thou canst be worthily lov'd, honor'd, and glorify'd. *Amen.*

An

An Elevation to the Sacred Hearts of JESUS *and* MARY.

O Inflam'd and living *Hearts* of Love! O Sanctuaries of the Divinity! Temples of the Soveraign Majesty! Altars of divine Charity! *Hearts*, which burn with Love, both for God and for me! I honour you, I love you; I melt with Love and Respect for you: I unite my Self to your holy disposition; I would, yes I would burn of your Fire, and live by your Life: I desire to rejoyce at your Happiness and Content: I desire to partake in your Graces, Dolors, and Glory: I declare from my very Heart, I had rather die and suffer any thing, then wilfully displease you.

O my heart, Thou must not now act any more; but by the motion of these Sacred *Hearts* Thou must silently die, in their presence, to all that is human and natural in Thee. O!

O! that I could engage all the hearts of Men to render homage to the *Hearts of Jesus* and *Mary*, and reform Themselves pursuant to these divine models. O *Hearts*! full of Grace, Purity, Fervor and Humility; inspire my poor heart with these heavenly Virtues. I do, I say, unite my self to you; I will lose my self in you; I beg I may not live, but by you, and for you. *Amen.*

Well then, my heart, thy future employ must be, to keep thy self in silence, and in a profound respect, before the *Hearts* of *Jesus* and *Mary*; and, as a burning Lamp consumes it self before the holy Sacrament, so ought'st Thou here to burn, suffer, and die.

An Offering to the thrice Sacred Heart of our Saviour JESUS CHRIST *in the Holy Sacrament of the Alter.*

To be made in the preſence of the Holy Sacrament.

O *Heart* of *Jeſus*, moſt amiable and adorable, who art the Lord and Center of all hearts: O *Heart*, all burning with Charity, and inflam'd with Zeal for the Intereſt of thy Father, and the Salvation of our Souls: O *Heart*, always ſenſible of our Miſery, and always forward to do us good; who, by a moſt vehement and amazing Exceſs of Love for us, haſt reduc'd thy Self to the condition of a Victim in the holy

holy *Euchariſt*, where Thou continually offereſt thy Self, to the Eternal Father, a Sacrifice of Propitiation for our Sins; ſince the greater part of Chriſtians make no other Return for theſe thy Mercies, than that of hard heartedneſs, contempt, forgetfulneſs and Ingatitude; is it not juſt that we, touch'd with a ſence of theſe criminal Indignities, ſhou'd labor to make the beſt reparation, that poſſibly we can?

Therefore, O divine *Jeſus*, proſtrate and humbled before Thee, we will now make Thee a Solemn and publick Reparation in the ſight of Heaven and Earth. Ah! how do we wiſh it were in our power to ſweeten, at this inſtant, all that *Bitterneſs*, which the multitude of our Sins ſo ſenſibly affected thy *Heart* with, when, Proſtrate before thy Father in the Garden of *Olives*, Thou boreſt the weight of them; and, when expiring with Love and Grief on Mount *Calvary*, thy laſt crys were to bring back Sinners, and load 'em with Mercies.

O Adorable *Jeſus*, Thou art preſent on this Altar, cover'd with the Vails of thy

thy Sacrament of Love; but with thy *Heart* open to receive Penitent Sinners: O adorable *Heart* of *Jeſus*, Source of true Contrition, give us this Spirit of Penance; this Heart, humbled and wounded with Grief; this Fountain of Tears, ſo neceſſary for the bewailing our own Sins, and thoſe of all the World.

Pardon, divine *Jeſus*, all the Injuries, Reproaches, and Outrages done Thee, thro' the Courſe ſo thy holy Life, and in thy dolorous Paſſion: Pardon all the Impieties, Irreverences, and Sacrileges, which have been committed againſt Thee in thy Sacrament of the *Euchariſt*, from the time, that out of an Exceſs of Love, Thou wert pleas'd to inſtitute it: Pardon, O Lord, all the Tepidity, Inſenſibility, and Diſtractions we have lain under, in the Preſence of thy Auguſt Majeſty: Favourably accept of the *Offering* we here make, in union with that, which thy Sacred *Heart* continually makes on our Altars to thy Heavenly Father; with that, it made on Mount *Calvary*; and with that, thy holy Mother offer'd at the Foot of

the

e Cross, while she assisted there at thy bloody Sacrifice.

Dear Redeemer, render effectual thro' thy Grace, the fervant Desire we now entertain, and the holy Resolution we have taken, of loving and adoring Thee without intermission in this thy *Sacrament of Love*, in order to repair our past Negligences and Infidelities by a true Conversion of heart, and an ardent Zeal for thy Glory: But be Thou, O *adorable Heart*, who know'st our Insufficiency, be Thou Thy self our Repairer and Mediator: Appease the Anger of thy heavenly Father, which our Sins have provok'd against us: Cover our Faults with thy burning Charity, thy Humility, Meekness, Patience, and all thy divine Virtues: Let us seek, with an entire Confidence, our Refuge in Thee; and that, animated with thy Love, we may incessantly say;

O *Priest* of the *New Law* and *Victim* also! Unite us to thy Sacrifice, and immolate our hearts, together with thy *own*: O true and perfect *Adorer*! who alone loves God with a Soveraign, immence, and an infinite Love; take pity

on

on our weakneſs and Miſery: O King of Love! Let thy heavenly Father call to mind all thy *Sacrifices*, and grant to Thee, for us, all the *Deſires* of thy *Heart*. *Amen*.

Live Jeſus Live, and let it be My Life to die for Love of Thee.

FINIS.

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